

# Course Syllabus

The course consists of four units and each of these units will consist of five subunits. In addition to this, there will be an introductory session and a concluding session as well.

# UNIT 1 | PHILOSOPHY AND TEACHINGS OF BUDDHISM

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# Buddhist Scriptures and Schools

- a. Dharma: Texts and Practice
- b. Sutra and Abhidharma
- c. New schools: Mahayana and Vajrayana

## 2. Four Noble Truths and Eightfold Path

- a. Suffering
- b. Origin of Suffering
- c. Cessation of Suffering
- d. Way leading to the cessation of Suffering

#### 3. Anatman (No Self) and Pratityasamutpada (Dependent Arising)

- a. Buddhist critique of Atman
- b. Ignorance and Attachment
- c. Teaching of Dependent Arising

#### 4. Abhidharma (Higher Teaching) and Meditation

- a. Stories, Legends, and Texts
- b. Abhidharma as a system of Buddhist Thought
- c. Practice and Stages of Meditation

#### 5. Mahayana and Vajrayana: Emptiness

- a. The Vehicle of Bodhisattva
- b. Transcendent Buddhas
- c. Emptiness and Perfection of Wisdom

# UNIT 2 | MULTI RELIGION SITES OF BODHGAYA

- 1. Introduction to Sanatan Dharma
- a. Shaivism: Forms of Shaivism, Bodhgaya
- b. Vaishnavism: Ancestral offerings at Gaya and Bodhgaya, Death rituals
- Bodhgaya and Buddhism as well as Jainism:
  Placing Bodhgaya in the context of Buddhism and Jainism

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#### **UNIT 3 | ART AND ARCHAEOLOGY**

- Understanding Mahabodhi Temple Complex: Layers of the temple.
  An attempt to connect Buddha's biography to the place and vice versa
- 2. Specific Aspects:
- a. Images
- b. Temple Architecture
- c. Pillars
- d. Site Museums: What it consists of and the relevance
- 3. Outside the temple and the museums: Stupas and other excavations
- a. Bakrol Stupa
- b. Tharadi Monastery
- c. Newer Monasteries including the Dashnami Shaivaite monastery
- 4. Sanatan Dharmic Sites (Gaya)
- 5. Sculptures and Other sites

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## UNIT 4 | **HERITAGE**

- How people engage with Bodhgaya
- 2. Prominent features in the area:
- a. A living heritages like Bodhgaya
- b. Dead Heritage sites like Nalanda
- c. Tensions between the dead and living heritage sites
- d. Livelihood and people: Water
- 3. Specific developments held on an annual basis:
- a. The Tibetan connection
- b. 19th century monasteries:
- i. Mahabodhi Society
- ii. The Burmese Vihara
- iii. Shaivite Monastery
- iv. Vishnupad
- 4. Explaining the heritagization of Buddhism Historical Aspects
- a. Issues during 19th and 20th centuries
- b. Contestations and claims
- 5. Current Activities at Bodhgaya
- a. Global Dialogues
- b. The different Buddhist calendars and festivities
- c. Buddha Dharma foundation: Heritage Walks